



## Specialty Focus Points for Coaching

*The Fastrak® NLP Coach Practitioner Program:*

*7 Days with Multimedia Pre-study*

*Board Certifications in NLP, Time Line™ Therapy (TLT)/(CYF), Hypnosis and Coaching*

- This training allows the successful graduate to become **Board Certified in the leading field of Coaching, as well as NLP, TLT/Creating Your Future Coaching® Process (CYF) and Hypnosis.** International Coach Federation (ICF) standards are met and exceeded using the quantum change technologies of NLP, TLT, and Hypnosis. This Fastrak Program provides a synergy of techniques and technologies. The Fastrak format is designed with the busy professional in mind. Through the application of the advanced quantum technologies, and the multimedia pre-study materials, this training is completed with a 7 day on-site intensive practicum. Hours: Sat-Mon: 10-8pm, Tue-Thurs: 12-7pm, Fri: 12-6pm with a celebration that follows.
- **Conscious Use of Rapport:** Learn how to consciously and quickly establish and maintain effective rapport through the techniques of matching, mirroring, leading and pacing. As communication is 93% non-verbal, understanding a client's representational system, as well as keying in to their body language, will allow the practitioner to use 100% of available communication. Creating and maintaining rapport, as well as fully utilizing all elements of communication, are the prime focus points of this NLP training.
- **Body Language:** NLP forms the basis for Kinesic Interviewing. Kinesic Interviewing allows one to read body language, looking for signs of cooperation or, conversely, resistance. Signs are determined through eye and body movements. This particular week of training allows one to develop a strong sense of sensory acuity, picking up on key points of body language in a client or team member, in order to assist them in achieving their goals.
- **Communication System:** This training also allows one to determine a person's preferred communication system, called a representational system, such as whether they require information to be presented visually, orally or kinesthetically to them. By picking up on and using a person's preferred representational system, communication with them happens more quickly, clearly, smoothly and efficiently.
- **Time Line™ Therapy/Creating your Future Coaching® Process:** This technology and set of techniques allows the client to instantly and completely **access the gift within the wound, retaining all the wisdom and experiencing an instantaneous release of negative emotion from their matrix.** This happens at a deep, neurological level, without catharsis, and is led by the unconscious. These techniques are also branded as **Creating your Future Coaching® Processes** to allow coaches unfettered access to the techniques.
- **Systematic Releases:** The TLT/CYF® techniques allows for a systematic and proven release of entire Gestalts. Clients release anger, sadness, fear, hurt and guilt before letting go of any Limiting Decisions that prevent them from attaining their goals. Now clients in deep resistance and clients with deep core wounds and multiple issues can attain their goals. Master Coaches can give a guarantee in writing that their clients will achieve their goals!



# G I JOHNSON CONSULTING INC.

CERTIFIED LIFE COACH & TRAINER

- **Coaching:** This training stresses a focused technology of goal design and implementation, allowing greater ease with both the client and practitioner, as well as working with other practitioners. Certification as a Coach allows us to work independently as consultants or within any corporate structure.
- **'Chunk Sizing'** is taught as it relates to tasking implementation and communication. This is important for translating client tasks from concepts to concrete tasks on the ground, in a variety of representational styles for maximum impact. It also aids in creating a team support environment with other client support practitioners.
- **Negotiation** s also taught as part of the training, again increasing the ability of the practitioners to effectively elicit cooperation and information from clients in an easy way.
- **PTSD and Phobias:** This training processes the most current and effective tools for addressing PTSD. Symptoms are managed and often disappear within an average of 3 sessions. Lives are completely re-claimed.
- **Hypnotherapy:** This training includes Hypnotherapy certification as a means to increase the client's ability to use their innate ability and body wisdom to support effective learning and healing strategies, including smoking cessation, weight loss and immune system efficiency. Sleep Suggestions are also included, as well as the process through which the unconscious accepts or rejects suggestions, including suggestions that the client installs themselves.

## **Pricing (includes Materials & Taxes):**

*Retail: \$5,722.35*

*Web Special: \$5,360.75*

*Certified Coach Discount with Igniting Your Passion special ticket: \$4,102.50*

**Ask us about our additional paid in full discounts too!**

*For More information, contact Glenda Johnson at (905) 967-0798 or email at [glenda@gijohnsonconsulting.com](mailto:glenda@gijohnsonconsulting.com).  
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